



Feedback from Lower Key Stage 2 children about Physical Education (June 2022)

General questions about Physical Education

Children from Lower Key Stage 2 have feedback on Physical Education. Some of the questions asked may have been slightly re-worded so they were accessible to children of all ages

What is Physical Education about?
<ul style="list-style-type: none">• Learning about different sports and activities like tennis and other things.• Skills like hitting a ball and what you might need to play games.• Doing some exercise.
Why is Physical Education important?
<ul style="list-style-type: none">• It gives you life skills like throwing and catching so you can play games,• It is about things like making rules and playing together properly and working as a team.
Tell me about your favourite piece of work in Physical Education and tell me why you enjoyed learning about this
<ul style="list-style-type: none">• In outdoor PE, we did football and played games and did attacking and defending.• We learned to dribble with the ball and take people on.• I liked dodgeball in indoor PE because it was fun and you could hit other people with the ball.
Are there any areas in Physical Education that you are still unsure about?
<ul style="list-style-type: none">• When we got taught how to roll the ball and catch it up and then turn. It was difficult to do and sometimes I would miss the ball or fall over.• Sometimes catching is difficult if it is a fast ball or if it goes high.
How do you know if you are doing well in Physical Education?
<ul style="list-style-type: none">• In things like gymnastics you can watch the videos and you can do the challenges.• You do well in the games and can score goals and will win a match.
What happens if you are finding work difficult in Physical Education?
<ul style="list-style-type: none">• The teacher will help you. You need to keep trying though.• You can make things a bit easier like use a big ball when catching or stay still if you are balancing a ball on tennis bats.
What do you need to do to improve your learning in Physical Education?
<ul style="list-style-type: none">• Watch the videos that tell you different skills.• You can practice at home or join a football team.
In Autumn term you completed some work on social skills and teamwork in Physical Education, what can you tell me about it?
<p>Children needed reminding of the activities and skills that were taught during this topic. The children remembered the activities.</p> <ul style="list-style-type: none">• It was like the floor is lava and you had to talk together and not argue to get across the hall.• Some people went too fast and it was bad for the team.
If you were to complete this work again, what would you do differently?
<ul style="list-style-type: none">• Make sure everyone has their kit all the time.• Go a bit slower and talk more or think about what to do before you do it.
Can you explain what some of this Physical Education vocabulary means?
<ul style="list-style-type: none">• Chest pass – children modelled a chest pass and discussed that you can use it in basketball or netball.• Stamina – working hard and not giving up and being able to run for a long time.• Body tension – something to do with the body and balancing.• Burpee – children were not sure what exercise a burpee was.• Consistency – being good at everything and not being bad.
Can you think where this learning link to things that you have learned before in Physical Education with a different teacher?
<ul style="list-style-type: none">• You do different games in different years like football and there is a football team in Year 5 and 6.• We did the videos before.

'Never settle for less than your best'

Jesus said, 'I am the light of the world. Whoever follows Me will not walk in darkness, but will have the light of life.' John 8:12



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Subject specific questions about Physical Education

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How do you stay fit?
<ul style="list-style-type: none">• Run and exercise and don't sit down all day.• Eat healthy and try not to eat too much and drink water and brush your teeth.• You do PE in school and can go on the equipment at dinner times.
What does a PE lesson look like?
<ul style="list-style-type: none">• They can be in the hall and you get changed in your kit or they are outside in PE kits.• You practice different skills and sometimes you go against other people doing the skills.• There are videos where you practice the things and do different colours to get harder.• We play games like dodgeball or football.• You can sometimes get sweaty and out of breath.
What game could you make using this ball? (tennis ball)
<ul style="list-style-type: none">• It's a tennis ball and you play tennis with it.• You can do throwing and catching things or throw it over a net.• You can bounce it and catch it or bounce it to a friend.
Explain how I might improve mental health
<p>I explained what I meant by mental health – keeping the mind healthy</p> <ul style="list-style-type: none">• Do things like going on walks or being peaceful.• You can do yoga to be peaceful.• Be with your friends and tell them things.
What do you do at home that helps with PE?
<ul style="list-style-type: none">• Join a football team or do swimming.• Play in the garden or practice throwing and catching.

Action to take as a result of Lower Key Stage 2 Pupil Feedback on Physical Education

Children were able to explain how PE is important for physical health but it is important to emphasise the benefits of mental health and the impact that PE can have on the mind. Children were able to discuss mental health when prompted, but the link needs to be made more coherent.

Children struggled with some of the vocabulary asked from the children. Make use of the progression document which ties in to the units that children are learning. Model the language and be sure to explain meanings of words throughout sessions. The specific cogs associated with REAL PE need more reinforcement as children could summarise the skills they had learned but not give precise language. Both at the start and end of the lesson, time should be dedicated to the skills that children are learning, introducing the different steps and then reinforcing what they have learned through plenary activities.

Home learning is also an area which could be improved. The REAL PE platform has home learning links which can reinforce the skills practised in lessons. This could be highlighted to children and parents each half term.

Next Pupil Feedback review: Spring Term 2023

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